

# Sacha Inchi Seeds

## Best Nutritionally Dense Healthy Snack



### Complete Protein with High Omega 3 Fatty acids

#### HEALTH BENEFITS\*

*Promotes heart health, Combats inflammation, supporting better joint health, Supports healthy brain function, Improves calcium absorption, for stronger bones, Helps to control blood-glucose levels, Tryptophan supports serotonin production; Improved serotonin levels also regulate the appetite, Promotes healthy skin & hair from the inside out.*

#### MAIN PRODUCT FEATURES

OPTIMEAL Sacha Inchi seeds are gently roasted for perfect taste and nutrition. It is a healthy snack and the best for taste buds and hunger.

- Sacha inchi (*Plukenetia volubilis* L.), also named "Inca Peanut, wild peanut, Inca inchi, mountain peanut" which grows in the Amazonian forest.
- The 50g of sacha inchi seeds provides 15g - protein, 25g- Healthy fats, 10g - fiber & trace minerals
- It has Lower non - esterified fatty acid & triglycerides.
- It develops, repairs, and maintains lean muscle mass.
- Extremely dense in nutrition that satisfies your hunger cravings. Promotes healthy weight.
- Sacha Inchi to build brain cell membrane, nourishes our brain cells, and fight inflammation.
- Helps in Candida yeast infections.
- Sacha Inchi is full of tryptophan, a precursor for serotonin, which stabilize mood swings and contribute to a sense of happiness and wellbeing.
- It is rich in Omega – 3 and Improves heart health.
- It also regulates biological processes & Immunity.



#### KEY INGREDIENT(S)

Organic Sacha Inchi Seeds.

#### SUGGESTED USE

Consuming as satisfying level or fistful hand (50 g)

#### LIKELY USERS

- Vegan People.
- Keto & Paleo friendly.

#### OTHER IMPORTANT ISSUES

- Organic Certified seeds
- Good taste with mild nutty flavor
- No preservatives or additives
- Gluten free

\* These Statements have not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, Treat, Cure or prevent any disease.

Camillotek India Pvt Ltd., Annanagar 2nd Avenue, Chennai-102, India. Ph: 044-42874620